



STOCKTON HEMATOLOGY ONCOLOGY MEDICAL GROUP, INC.
2626 N. California Street, Suite H, Stockton CA 95204

NAME: _____ APPOINTMENT DATE: _____

APPOINTMENT TIME: _____ CHECK IN TIME: _____

APPOINTMENT MUST BE CONFIRMED THE DAY BEFORE

PET/CT GENERAL INSTRUCTIONS

- **NO FOOD OR DRINKS 6 HOURS PRIOR TO YOUR APPOINTMENT (PLAIN WATER ONLY)**
THIS ALSO INCLUDES NO SUGAR-FREE ITEMS, NO GUM, NO MINTS, NO CANDY, NO FLAVORED/ELECTROLYTE WATER, ETC.
- **PLEASE FOLLOW A NO CARB/NO SUGAR DIET FOR 24 HOURS PRIOR TO EXAM.**
 - **DO NOT EAT:** Cereals, breads, jams, jellies, peas, corn, potatoes, tortillas, fruits, juices, gravies, milk including non-dairy milk, pasta, sugar, candy, honey, alcohol, and rice.
 - **FOODS ALLOWED:** All meats (proteins), tofu, hard cheeses, oil, butter, margarine, eggs, and non-starchy vegetables.
 - Examples of non-starchy vegetables: artichoke, sprouts, avocado, beans, bok choy, broccoli, cabbage, cauliflower, celery, cucumber, eggplant, onions, all greens, jicama, leeks, lettuce, mushrooms, okra, parsley, peppers, radish, rhubarb, snow peas, spinach, turnips, zucchini
- **MEDICATION RESTRICTIONS:**
 - **DO NOT TAKE DIABETIC MEDICINES (PLEASE SEE STAFF FOR DIABETIC INSTRUCTIONS)**
 - **YOU MAY TAKE NON-DIABETIC MEDICINES WITH WATER ONLY, THE MORNING OF YOUR EXAM**
- **INCREASE WATER INTAKE** FOR 48 HOURS PRIOR TO EXAM.
- **NO STRENUOUS EXERCISE, NO GUM CHEWING, NO SMOKING, NO CAFFEINE, NO ALCOHOL, NO NICOTINE FOR 24 HOURS PRIOR.**
- AVOID COLD TEMPERATURES AND STAY WARM FOR 48 HOURS PRIOR.
- DO NOT BRING CHILDREN WITH YOU TO YOUR APPOINTMENT, NO ONE UNDER THE AGE OF 16 ALLOWED INSIDE RADIOLOGY AREA
- PLEASE BE AWARE YOUR EXAM MAY TAKE UP TO 2 HOURS FROM START TO FINISH
- PLEASE **WEAR LOOSE COMFORTABLE CLOTHING WITH NO METAL ATTACHED**, THIS INCLUDES NO METAL UNDERWIRE BRAS.
- **ONCE AN APPOINTMENT HAS BEEN CONFIRMED, A \$150 CANCELLATION FEE WILL INCUR IF THE APPOINTMENT IS NOT KEPT FOR THE LOST RADIOPHARMACEUTICAL.**

IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT US DIRECTLY AT
(209)292-8542 OR AT pet@shomg.net